

PRACTITIONER TIPS

Gwen Foster

These are good things to know as a practitioner. Regardless of the device you use, you will get better results if you use these tips.

Discussion of –

Yeast/metals combination

Dental influence, which tooth, biologic dentist referrals, dental materials

Immune triggers must be treated first, (NAET ex., there may be multiple triggers)
Virus or immune suppressing issues should not be addressed first in autoimmune cases unless they are the cause which is not likely – (will be covered in more detail in autoimmune segment of training)

Basic anatomy and cross-influence of symptoms – Hulda Clark books, [Help One Another](#) – Hanna Kroeger reference book

Materia Medica book or online

Know when to fire clients

Do not overtreat

Excitotoxins, *The Taste that Kills* by Blaylock

[Modern Nutritional Diseases](#) by Ottoboni

Emotional training and clearing:

EMDR

Bennett Stellar

Louise Hay books -

You Can Heal Your Life

You Can Heal Your Life Companion Book

Keep common recommendations on hand for better compliance

food-based nutrition

probiotics

fish oil

Don't take on cases you can't handle, refer them out. Fix yourself and a few close people first, then you won't run out of referrals.

Other good courses to take:

Apex: Body Chemistry, Hormones and Immune Case Studies

Bennett Stellar University – NLP and mind relation to disease

Peaceful Meadow Retreat – Hanna Kroger teachings

Projection of your own issues – be careful

Look up everything you don't know, it's the best way to learn and you'll remember after looking up several times

Search engines:

lipitor side effects

carnitine sources

Hashimoto's symptoms

Other resources -

www.dictionary.com

pubmed

cancerweb

Use references and checklists to document client file and support findings – thyroid, yeast, protoza

Emotional diagram examples

Low pH: minerals, pathogens, oxygen, cardio, RBC

Low body temp: metabolism, pathogens, terrain

Bernard Jensen: Guide to Better Bowel Care by Jensen, balloon example, gut affects everything

Fix easy, big symptom stuff first for better compliance

Fix top 3 first even if you see bigger concerns

Don't diagnose

Uninformed consent

Reasonable expectations:

Lifelong yeast

Autoimmune 20 years

Complex conditions

Don't treat low level pathogens:
waste of client's time and money
use zapper
alkalize
correct the terrain
will set you apart from other practitioners