

Remedy Trays - Acupuncture and Chinese Herbs by Jackie Sohn

These trays contain the information and energies of the different modalities of healing which I have found to be most effective in my acupuncture practice. Each individual case is unique. Two people presenting with the same symptoms on the surface may need very different treatments according to the level of their being on which the cause and manifestations of the conditions lie. Included are over 4,000 remedies ranging from the standard and esoteric acupuncture points, Chinese and Ayurvedic herbal remedies to adjunct modalities. The adjunct remedies address levels of consciousness, different parts of the subtle anatomy, healing qi exercises, mantras and deities to encompass the physical, emotional, mental and spiritual aspects of our being.

The following gives information on the individual trays.

Treatment Selection: Contains the names of all the above trays to help select the most resonant one for the client

Acupuncture - Ear: System of acupuncture where the whole body is mapped onto the ears.

Acupuncture - Esoteric: System of acupuncture developed by Mikio Sankey, L.Ac., which combines the theory of acupuncture, chakras and the Kabbalah (Tree of Life) for spiritual development.

Acupuncture - Extra Meridians: Meridians other than the 12 regular meridians which are most commonly used in acupuncture practice.

Acupuncture - Extra Points: Points which are not on the 12 regular meridians or Governing Vessel or Conception Vessel.

Acupuncture - Floral: System developed by certified flower essence practitioner Deborah Craydon and acupuncturist Warren Bellows, which applies the flower essences of Dr. Bach to specific acupuncture sites for powerful synergistic effects.

Acupuncture - Homeopathic: System of homeopathic remedies called Nutripuncture, developed by a French MD, also certified in homeopathy and acupuncture, to balance the meridians.

Acupuncture - Koryo Hand: Korean system of acupuncture which maps the whole body onto the hands.

Acupuncture - Master Tong: System of acupuncture developed by Dr. Tong Jing-Chang, considered to be one of the most famous and effective acupuncturists. He was born into a family of acupuncturists in Shandong

province, China in the beginning of the 20th century. His family's lineage of acupuncture was said to have originated before Qin Huang-di's burning of the books 2,200 years ago.

Acupuncture - Meridians: The 12 regular channels of qi flow used by acupuncturists.

Acupuncture - Scalp: System of acupuncture which maps the whole body onto the scalp.

Acupuncture - Yang Points: The yang points on the 12 regular meridians plus the Governing Vessel and Conception Vessel.

Acupuncture - Yin Points: The yin points on the 12 regular meridians plus the Governing Vessel and Conception Vessel.

Ayurvedic Hbs -Banyon Botanical: A line of Ayurvedic remedies.

Chinese Herbs: The most used herbs of the Chinese herbal materia medica.

Chinese Herbs - Formulas: The most used herbal formulas in Traditional Chinese Medicine.

Chinese Herbs - Dragon Herbs -- Women's Treasure : Herbal remedies made by these specific companies. Included because these are the largest sources of Chinese herbs in the U.S. and the quality and efficacy varies significantly between them.

Healing - Five Elements: Correspondences of the Five Element Theory, which are useful to balance various aspects of the body and environment.

Healing - Meridian Clock: The times when the qi is at the maximum and minimum in each organ/meridian.

Remedies (Apex Energetics): A line of remedies made by this company encompassing Chinese herbs, homeopathics, flower essences, gemmotherapy and nutrition. Uniquely synergistic and powerful products.

TCM Treatment: Traditional Chinese Medicine treatment principles.

The following remedy trays are not part of Traditional Chinese Medicine but are included as they can be helpful to address the emotional, psychological and spiritual aspects of a person or condition which can make a difference in how deeply or completely they are balanced:

Alkemi-Alchemical and Spagyric: Alchemical preparations of various medicinal herbs which affect us on the physical (salt), vital (Mercury) or soul (sulfur) level of our being depending on the processes used.

Flowers, Gems, Environments -- Flowers, Gems, Stars: Flower essences, gem elixirs, environmental essences and star elixirs from Alaskan Flower Essence Project, Delta Gardens, FES Quintessentials, Findhorn and Pegasus Products.

Healing - Consciousness: Levels of consciousness as mapped by the book "Power vs Force: An Anatomy of Consciousness" by David R. Hawkins, MD, Ph.D. and other sources.

Healing - Deities: Healing deities used in Taoist, Buddhist and Hindu traditions.

Healing - Mantra: Healing mantra from the major world spiritual traditions.

Healing - Subtle Anatomy: Different aspects of the subtle bodies, chakras, marmas, nadis and planes of existence.

Healing - Taoist Exercises: Healing sounds, Tai chi and qi gong energies, Tibetan rites.

Kabbalah-Tree of Life: The sephiroth of the Tree of Life, the map of human development from the Jewish mystical tradition – the Kabbalah. The different sephiroth represent the divine attributes of God which humanity needs to learn and embody into their being on their journey of spiritual growth.

Stars-Planets-Zodiac: The subtle energies associated with specific stars, planets, zodiacal constellations and other heavenly bodies.

Choreocosmos-Cosmic Eurythmy: System of dance movements founded by anthroposophist Robert Powell to work with the qualities of the stars, planets and cosmic bodies. Eurythmy is a school of dance founded by Rudolf Steiner.

Tarot-Major and Minor Arcana: The cards of the Tarot deck represent different aspects of our life and can be used as a system of divination. The Arcana of the Tarot also each have qualities which can provide great insight and balancing effects if meditated on.

HUMAN ACUPUNCTURE REMEDY TRAY - LISTING

| | |
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| 00J-8-Herbal - FORMULAE - CHINESE - FORMULAS (Jackie) | 241 |
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| 00J-8-Herbal - FORMULAE - CHINESE - MIN SHAN (Jackie) | 41 |
| 00J-8-Herbal - FORMULAE - CHINESE - PLUM FLOWER (Jackie) | 169 |
| 00J-8-Herbal - FORMULAE - CHINESE - THREE TREASURES (Jackie) | 35 |
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| TOTAL REMEDIES | 7137 |