



Creating Remedy Trays

You can create your remedy trays on the Remedy Tray tab of a client's file, and then copy that to the database, as described below.

Start of Procedure

Format: please use Excel 2003 and enter remedies as the example below.

Example Remedy Tray

	A	B	C	D	
1	RemedyTrayName	ID	NumberOf Remedies	F4	F5
2	AutoTreat				
3					
4	Treatment Selection	1	34	Acupuncture - Ear	Acupuncture - Yang Po
5					
6	Acupuncture - Ear	2	168	(Ear) Middle Ear Point > regulates diaphragm, calms rebellious stomach qi, expels wind. Hiccups.	(Ear) Lower Portion of R
7					
8	Acupuncture - Esoteric	3	35	Clarity Pattern: Du20, LV3, GB41, SI3, Ren4	Posterior Qi Flow Patte
9					
10	Acupuncture - Extra Meridians	4	32	Ren Mai - Conception Vessel	Du Mai - Governing Ves

1. Open the CoRe Start Window and select New File.

- Enter the name "Custom Remedy Trays" in the window and select Open.
- Open the Patient Data Window, enter the same pseudo first and last name: "Custom Remedy Trays" and Save Patient Data. Select this file from the left side window and click OK.

2. Click the Remedy Tray Tab at the bottom of the Workbook. This is where you will create your Remedy Trays by entering data into the cells.

- Enter the general column headings in row 1 across as shown in the example.
- Below this heading section; in the 1st column (A) line 3, you may optionally enter the copyright symbol and your name.

Below this heading and copyright section: the Remedy Tray data entry area starts.

3. In Excel:

- The 1st column (A) is the Name of Remedy Tray Group. Make this name not too long; 10-15 words maximum.
- The 2nd column (B) is the ascending sequence number of the Remedy as shown in the example.
- The 3rd column (C) is the total number of Remedies entered across for that row as shown in the example (max 250 remedies). It is important to count how many remedies you are entering in each tray and add it to column (C). If you don't add this number or add it incorrectly, the system will not read all the remedies completely.
- The 4th column (D) starts the actual Remedy. Please enter only one Remedy and its description per column as shown in the example.
Continue across the row.

4. Upload your completed Remedy Trays after saving them.

- Click the Remedy Trays "smiley face" Button at the top.

B. Listed in the Selected Remedy Trays list box, you should see the Trays you are about to copy.

C. Click the button "Copy All Trays to Database" if you created more than one remedy tray and wait until your cursor stops flickering. If you created only one, select "Copy Tray to Remedy Tray Database".

D. Open the Database Window and click the Custom Tab to see the Trays that were copied.

Special Guidelines:

1. **Illegal Charaters:** Avoid using special characters, such as the following, as they may cause CoRe program or Excel upload errors:
_ | ? ! \ / or single or double quotes: ' ' " "
2. **Size of Trays:** Trays are limited to 80 rows per batch and to 250 items per row. The > ends the Remedy for a column and signifies the start of a comment or description that the system **will not** read.
3. **Descriptions:** You can use this symbol : to indicate the beginning of a description of the remedy that the system **will** read.
The beginning of the item is read first – you can put the important part of the remedy first, eg. "Nux Vomica, homeopathic remedy" instead of "homeopathic remedy: Nux Vomica". This would be particularly important for something like "stress relief: xxx remedy" - if all had the "stress" at the beginning, the resonance might be stress and the remedy at the end wouldn't be sorted properly. This was found using chapter heading references at the beginning and then the end of the item – it gave much more accurate results when putting that at end.
4. **Qualifiers:** Keep items not too short (not 3 or 4 letters only - expand item) – avoid abbreviations. You can enter remedies with explanations and qualifiers, not only the remedy by itself because it will generate more randomness for the results to be resonant through meaning rather than letter and word matching.
5. **No blank lines** in remedytray.xls as this will cause an error.
6. If your remedy tray group name is too long, you will get a Virtual Basic error; it should be no more than 74 to 169 characters, depending on your computer.
7. Your individual remedy description should be no more than 4 rows or about 90 words.
8. **Dividers** in remedy trays: The ===== dividers between categories in remedy trays should not be selected when selecting a group of trays.

Example of Remedy Tray item with qualifier and description:

FES FLOWER ESSENCE of Angelica (Angelica archangelica): Positive qualities: Feeling protection and guidance from spiritual beings, especially during threshold experiences such as birth and death, or other life passages. Patterns of imbalance: Feeling cut off, bereft of spiritual guidance and protection; spiritual orphan.

If this remedy came up, it would mean that both the brand name of this flower essence Angelica **AND** the qualities it generates are resonating with the client. You could put more weight on the description when interpreting. If there was no brand name and no description or you had ">" after the remedy, then any flower essence of Angelica would be resonant for the client

ANOTHER WAY OF CREATING REMEDY TRAYS

You can also create all your remedy trays in the RemedyTray file itself in the Database folder (c:/Inergetix, database, RemedyTray.xls). Save your changes. Close that file, close the DataBase folder, exit Inergetix. Open a client's file the usual way. In the custom tab in the database you will find your new trays.